## RMSC February Qualifier Information (Weather Related Changes) Updated: 2/21/15, 3:20pm

Note: This information was sent by Rockville Site Head Coach Dave Greene to the RMSC Rockville Listserv at 3:20pm on 2/21/15. If you did not receive the information by email, send a message to <a href="mailto:dgreene@rockvillemd.gov">dgreene@rockvillemd.gov</a> from your email account.

If there are any weather related delays either by the County or facility (due to possible specific site issues) then we will lose <u>at least</u> the 3rd session of the day and it will not be rescheduled. If the facilities are again closed then the meet will be canceled and will not be rescheduled. So again you will need to be checking emails late this evening and early tomorrow. The meet manager may push the start times of everything later if there are specific issues at MLK.

Here is the latest plan.....

ALL events are now positive check-in.

Warm-ups <u>may be assigned</u> for 13 & Overs. 12 & Unders will have assigned warm-ups for their first session, their second session will be OPEN. Please review posted signs on deck when you arrive.

NO deck/new/late entries will be accepted.

## 13 & Overs

The first session of the day will be the 13 and over session. All events will be swum in this one session, mixed events (boys and girls swim the event together). The order of events will be the original AM events followed by the PM events. The EXCEPTION to this is that the 400 IM will be the first event of the meet, so the 400 and 200 IM are not back to back events. Warm-ups will begin at 6:15 AM, meet starts at 7:20 AM.

## 12 & Unders

All events will be positive check-in.

All events will be mixed events (boys and girls swim the event together).

The second session of the day will be the 12 & Under Saturday morning session events.

- With the hope of saving some time in the 13 & over session with positive check-in the
  warm-up and start times are <u>estimates on the early side of things</u>. If we run over then
  the times will be pushed back but the same amount of time given to the swimmers for
  warm-ups.
- Warm-ups will begin no earlier than 11:30 AM and will last 60 minutes, which means the meet would start no earlier than 12:35 PM.

The third session of the day will be the 12 & Under Saturday afternoon session events. There will be a 30 minute OPEN warm-up period for any swimmer who did not swim in the earlier

session. This will also assist us with the 4 hour rule. It is expected that this 30 minute break will begin no earlier than 3:30 PM, therefore the meet would begin no earlier than 4:05 PM.

## **POSITIVE CHECK-IN**

- Because the events are mixed the positive check-in sheets will also be mixed. There will NOT be the normal pink = girls and blue = boys. Make sure your swimmers understand this.
- The first 2 events of ALL session will close 30 minutes BEFORE the meet starts.
- For the remaining 13 & Over events the sheets will be pulled in 2 shifts (200 Breast, 100 Back 200 Fly, 50 Free and 200 IM at 7:30 AM and then the 100 Breast, 200 Back, 100 Fly, 100 Free and 500 Free at 8:45 AM)

For the remaining 12 & Under events the sheets will be pulled at the start of each session.